

What To Bring on a Trip

About a month before the trip, Special Journeys will send you a detailed packing list. The information below should serve to help you plan ahead.

Good Shoes

Every vacation includes walking, so GOOD SHOES are a must.

Photo ID

For cruise and flight trips, a photo ID is required.

For bus trips, a photo ID is recommended.

Suitcase:

Limit of 50 pounds.
1 set of clothes per day.
2 extra sets of clothes.
Soft exterior preferred.

For cruise and flight trips, the limit is ONE suitcase, unless the trip descriptions says otherwise.

For bus trips, ONE is preferred, but you may bring two.

For all trips, Special Journeys will bring your suitcase to and from your hotel room each night. Normally, your suitcase will not be available to you during the daytime, so do NOT pack your daytime needs in your suitcase.

Carry-on bag:

One YOU can carry, with care products, snacks, and something fun to do

For cruise and flight trips, the maximum size for carry-on bags is 22" x 14" x 9", including handles and wheels. Pack any specific care product that might not be available for purchase on the trip. Pack a book, cards, coloring book, or something else fun to do on the bus or airplane. Snacks must be in a single bag, so TSA can remove it easily for screening.

You must comply with the TSA 3-1-1 rule:

Non-medicine liquid, gel, or aerosol -- such as toothpaste, shampoo, conditioner, mouthwash, and lotion -- must each be in a small container (max weight of 3.4 ounces or 100 milliliters); they must all fit inside a quart size resealable bag. Liquid, gel, or fiber medicine with a prescription label or in the original box can be larger.

Meds

All meds, packed as recommended in our Med-Packing sheet.

If you self-medicate, all your daytime meds must be in your carry-on bag. Morning and bedtime meds can be in your suitcase for bus trips, but do NOT pack meds in your suitcase on cruise or flight trips; luggage is not secure and could be delayed.

If we pass your meds or give you reminders, hand all your meds to Special Journeys when you are picked up, and we will care for them in a med bag dedicated to you.

Medical Equipment:

Inform Special Journeys of what you will bring

Medical and oxygen equipment must be disclosed to Special Journeys before the trip departure. CPAPS must be identified and tagged when you are picked up; do NOT pack them inside your suitcase. We will have distilled water brought to your room each night.

OTC Meds & Extra Batteries

If you use disposable batteries, bring extras. Bring all OTC meds; they may not be available for purchase on the trip.

Cruise or International Trip

Passport:

Passport Book recommended, not Passport Card. Valid until at least 6 months after the trip.

Plan ahead. It can take a few months to get a passport.

A passport book costs a bit more than a passport card, but the book is valid for 10 years and can be used to fly. A passport card cannot be used to fly, so in a medical emergency it is useless.

Check the expiration date and renew it if it will expire within 6 months after the trip. Most countries require you to have 6 months validity left on your passport.

US Currency No credit/debit cards

Special Journeys will handle all foreign currency conversion at no cost. However, you may bring foreign currency if you handle your own spending money.

Credit and debit cards almost certainly will not be accepted overseas, and currency conversion costs are high.