

# Addendum A

## Travelers Who Have Had Seizures In the Last Two Years

Traveler's Name \_\_\_\_\_

City and State \_\_\_\_\_

Height: \_\_\_\_\_

Weight: \_\_\_\_\_

### Seizure Information

Seizure Type	Length	Frequency	Description

How many seizures does the traveler average a month?: \_\_\_\_\_

Seizure triggers, warning signs and/or behavior changes prior to seizures:

\_\_\_\_\_

Traveler's reaction to seizure: \_\_\_\_\_

Usual time of day seizure occurs (if any): \_\_\_\_\_

Does the traveler fall during the seizure?:                    \_\_\_ Yes        \_\_\_ No

    If Yes, have they been injured from the fall?:            \_\_\_ Yes        \_\_\_ No

    If Yes, do they wear protective clothing or helmet?:    \_\_\_ Yes        \_\_\_ No

Average length of time until traveler can return to regular activities: \_\_\_\_\_

Do you have an individualized seizure plan?                    \_\_\_ Yes        \_\_\_ No

    If Yes, include it with your application.

**Continue to the second page  
to complete the Medication and Treatment Section**

## Seizure Medication and Treatment Information

Does the traveler take emergency/rescue medication?  Yes  No

Medication	Dosage	Administration Instructions (timing *1 & method *2)	What to do after administration

\*1 – After 2<sup>nd</sup> or 3<sup>rd</sup> seizure, for cluster of seizures, etc

\*2 – Orally, under tongue, etc.

Should any of these medications be administered in a special way?  Yes  No

If YES, explain \_\_\_\_\_

Should any particular reaction be watched for?  Yes  No

If YES, explain \_\_\_\_\_

Does the traveler have a Vagus Nerve Stimulator (VNS)?  Yes  No

If YES, describe instructions for appropriate magnet use:

\_\_\_\_\_

Explain any other information that would be helpful for our staff to know regarding this traveler and seizures:

\_\_\_\_\_

### **Basic Seizure First Aid:**

- ✓ Stay calm & track time
- ✓ Keep traveler safe
- ✓ Do not restrain
- ✓ Do not put anything in mouth
- ✓ Stay with traveler until fully conscious
- ✓ Record seizure in log

### **For grand mal seizure:**

- ✓ Protect head
- ✓ Keep airway open / watch breathing
- ✓ Turn traveler on side

### **A Seizure is generally considered an Emergency when:**

- ✓ A convulsive (grand mal) seizure lasts longer than five (5) minutes
- ✓ Traveler has repeated seizures without regaining consciousness
- ✓ Traveler has a first-time seizure
- ✓ Traveler is injured or has diabetes
- ✓ Traveler has breathing difficulties
- ✓ Traveler has a seizure in water